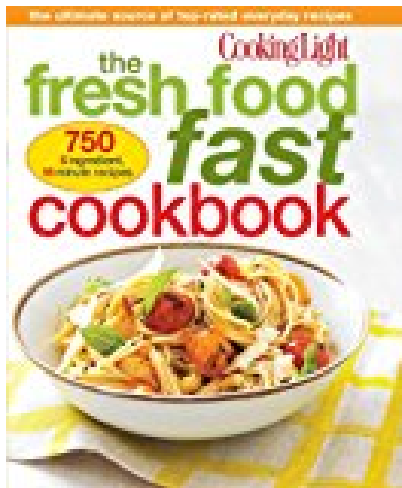


# Cooking Light The Fresh Food Fast Cookbook The Ultimate Collection of Top-Rated Everyday Dishes

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## BOOK DETAILS

- Author : Editors of Cooking Light Magazine
- Pages : 544 Pages
- Publisher : Oxmoor House
- Language : English
- ISBN : 0848739582

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## **BOOK SYNOPSIS**

Home cooks count on the Fresh Food Fast books to give them fresh food around the clock and this book does not disappoint. It fits a busy lifestyle perfectly with short ingredient lists, straightforward procedures, fresh ingredients, and delicious results. The recipes and meals in this cookbook will be the most requested, often-repeated solutions in your daily repertoire. This book includes: Market to Meal Planners to make shopping and meal planning a breeze 750 quick and easy recipes with beautiful full-color photographs Ingredient spotlights that explain unusual ingredients Feed Four for \$10 or Less: Budget-friendly recipes that help you feed your family and save A Seasonal Produce Guide that leads you to the best fresh food in the market all year long Essential Tools and Gear Guide that shows readers essential kitchen equipment that makes cooking fast and easy

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