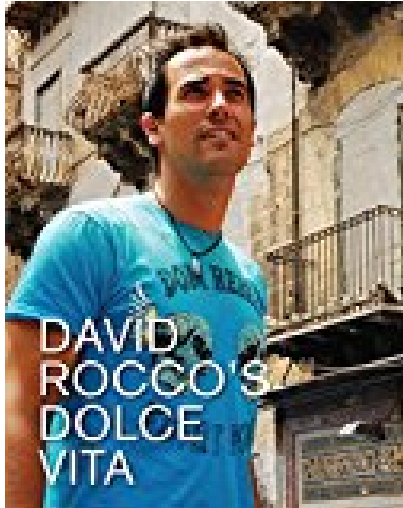


La Dolce Vita Cookbook



BOOK DETAILS

- Author : David Rocco
- Pages : 368 Pages
- Publisher : HarperCollins Publishers
- Language : English
- ISBN : 1554680298

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BOOK SYNOPSIS

"Im not a chef; Im Italian!" After three seasons of the popular television series David Roccas Dolce Vita, its eponymous host David Rocco has become one of Canadas most popular celebrity cooks. His show is aired on Food Network Canada, in Italian on TLN and in French in Quebec via TVA . He was chosen as one of Flare magazines 20 most stylish Canadians. Davids popularity goes well beyond Canada. His show airs in 100 countries around the world. As a proud Italian-Canadian, David says his love for food, cooking, and preparing meals for friends and family is part of his DNA . Eagerly anticipated, this book is full of everything that makes the TV show such a favourite: beautiful food photography and locales, and, of course, Davids sense of la dolce vita, the sweet life. His cookbook is all about taking a relaxed, enjoyable approach to the everyday, and the foundation of this lifestyle is simple, elegant food. Davids easygoing style embraces straightforward ingredients and techniques to create wonderful dishes anyone can enjoy without stress. He emphasizes the philosophy of quanto basta, or "just enough," and encourages readers to suit their own tastes. Try some of Davids wonderful sfizzi, simple but sophisticated snacks: Fiori de zucca (zucchini flowers stuffed with mozzarella and anchovies) or Frico (parmigiano chips). Delight in Spaghetti con pomodorini e pecorino (spaghetti with cherry tomato sauce and pecorino cheese), delicious Beef carpaccio (easier than you think!), or melt-in-your-mouth Gnudi ("naked" ravioli). For something truly sweet, why not try his simple spin on the classic Italian dessert, Tiramisù al limone? From antipasti to mains to desserts to brilliant and delicious uses for leftovers, David Rocco shows you how to bring la dolce vita into your life.

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